

OCEAN *of* FLAVOURS

ONE OCEAN - MANY FLAVOURS

Chef Tracy Powell (Fiji)



Chef Tracy Powell, an experienced caterer, food and beverage consultant, and the Owner and Director of Fortitude Ltd has over three decades in the hospitality industry, calls Fiji home.

Kickstarting her hospitality career in 1989 at just 18 years of age, managing the American Embassy Café, Tracy has built an extensive resume, across commercial catering, restaurant ownership, resort kitchens, embassy functions, film and television production catering including for the cast of Anaconda 2 and Australian Survivor, and for large-scale corporate and government events.

Currently a hospitality consultant at resorts, cafés and restaurants, Tracy mentors chefs and kitchen teams to develop innovative menus, and supports businesses to elevate their food and beverage operations.

The proud mother of three and grandmother of four learned to cook from the remarkable women in her family—her grandmother, her mother, and her Aunt Elizabeth Sorby, who was regarded as one of Suva's finest caterers.

Tracy continues to share her passion by mentoring the next generation of hospitality professionals while championing Pacific cuisine.